

QUESTIONS TO ASK YOUR DOCTOR:

PSORIATIC ARTHRITIS

If you just learned you have psoriatic arthritis (PsA), you probably have many questions. Use these samples to get started talking with your doctor. You can jot other ones down on the back of this guide.

You'll have limited time with your doctor. Mark the most important questions to you with a star so you can ask those first. You can ask a nurse or someone else in the doctor's office other questions.



THE DISEASE



What problems besides skin and joint symptoms may come up?

What is uveitis and how do I check for it?

What should I expect in the future? How might the disease progress?

TREATMENT



What treatment do you think is best right now?

How long before this treatment starts working?

Will the same treatments work on my joints and skin?

CARE



Do I need to see both a rheumatologist and a dermatologist?

Who else should I have on my health-care team?

How can I help make sure all of my doctors share information?

COPING



What can I do if I'm feeling overwhelmed and stressed?

What can I do to ease my pain along with the medicine you prescribed?

Do I have to give up the things I love, like running or going to the beach?